

**ANNUAL
REPORT
12/13**



CALENDAR 2014

LINKING ART AND WELL BEING

One is never too old to learn! Krishna engrossed in her art class arranged by the local Primary Care Trust.



JANUARY 2014

MON	TUE	WED	THU	FRI	SAT	SUN
		1 New Year's Day (Public Holiday)	2	3	4	5  Birthday of Guru Gobind Singh
6	7	8	9	10	11	12
13 St. Hilary's Day   Milad un Nabi (Birthday of the Prophet Muhammad)	14	15	16	17	18 Week of Prayer for Christian Unity (start)   Milad un Nabi (Shia)	19
20	21	22	23	24	25	26
27	28	29	30	31  Birthday of Guru Har Rai (Nanakshahi) Chinese New Year		
						

ENGAGING HEALTH AND SUSTAINABILITY

Tips on vegetable growing from staff of Avon Valley Farm. This project was funded by Bristol City College.

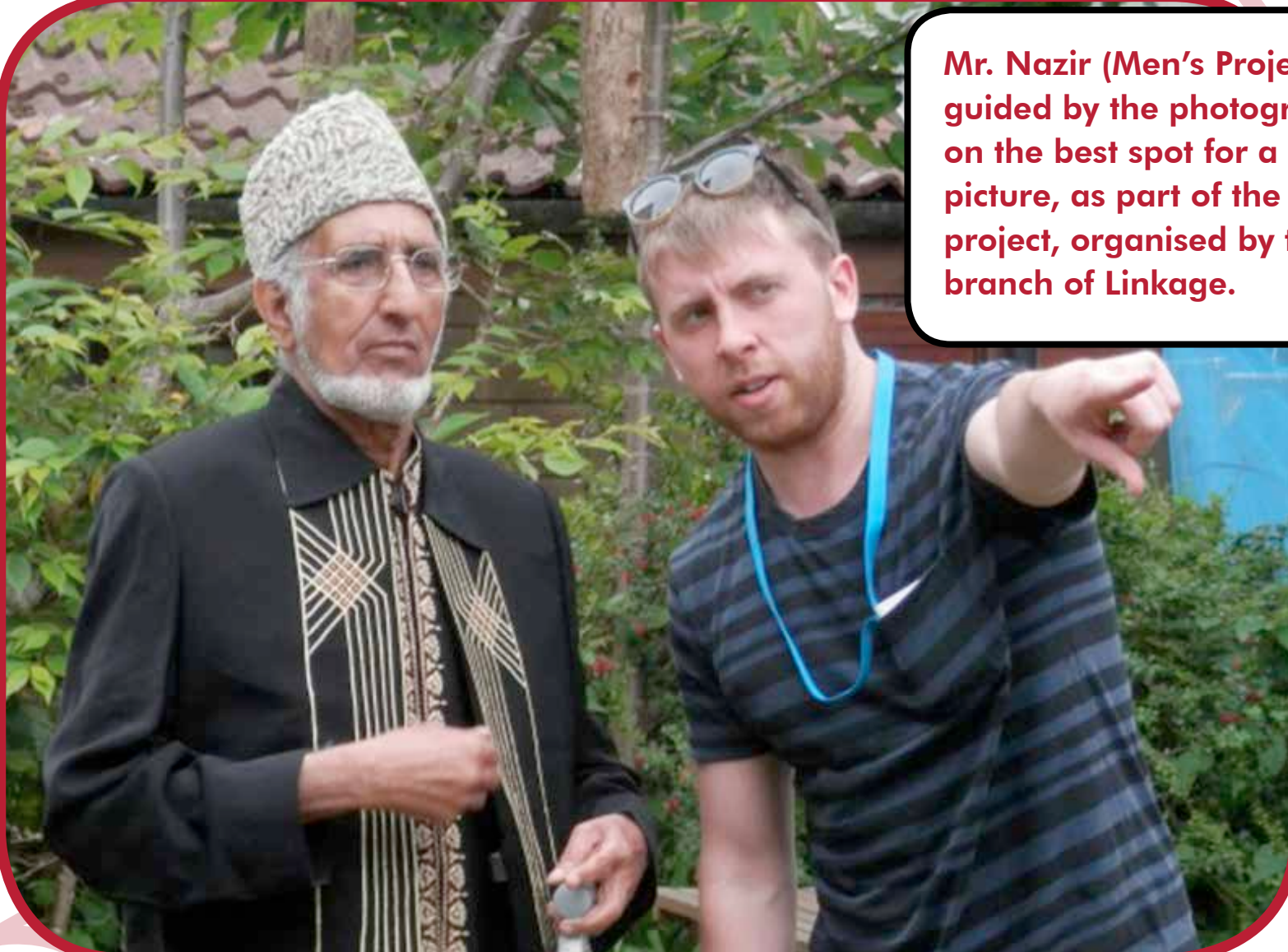


FEBRUARY 2014

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3	4	5	6	7	8  Parinirvana (Nirvana day)	9
10	11	12	13	14  St. Valentine's Day	15  Nirvana day (alternative date)	16
17	18	19	20	21	22	23
24	25	26	27	28		



EXPLORING DIFFERENT MEDIA



Mr. Nazir (Men's Project) being guided by the photographer on the best spot for a portrait picture, as part of the Legacy project, organised by the local branch of Linkage.

MARCH 2014

MON	TUE	WED	THU	FRI	SAT	SUN
					1 † St. David's Day	2 ☼ Nineteen Day Fast (start)
3 † Beginning of Lent (Orthodox)	4	5	6	7	8	9
10	11	12	13	14	15	16
17 St. Patrick's Day ☪ Holi Mohalla (Lunar Calendar)	18	19	20	21 ☼ Now-Ruz	22	23
24	25	26	27	28	29	30
31 ॐ Ugadi (Yugadi)						



PARTICIPATION AND COLLABORATION IN PRACTICE



Local doctors listening intently to DB staff, Naheed's hospital experience when her father had a stroke. Forum organised by Clinical Commissioning Group.

APRIL 2014

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8 ॐ Swaminarayan Jayanti	9	10	11	12	13
14 Hola Mohalla ੴ Birthday of Guru Nanak	15 Theravada New Year ॐ	16	17	18 Good Friday (Public Holiday) ੴ Birthday of Guru Tegh Bahadur & Guru Angad Dev ✝	19	20
21 Easter Monday (Public Holiday) ✝ Ridvan (First day) ☼	22	23 ✝ St. George's Day	24	25	26	27
28	29	30				



CELEBRATING AGE FESTIVAL 2013

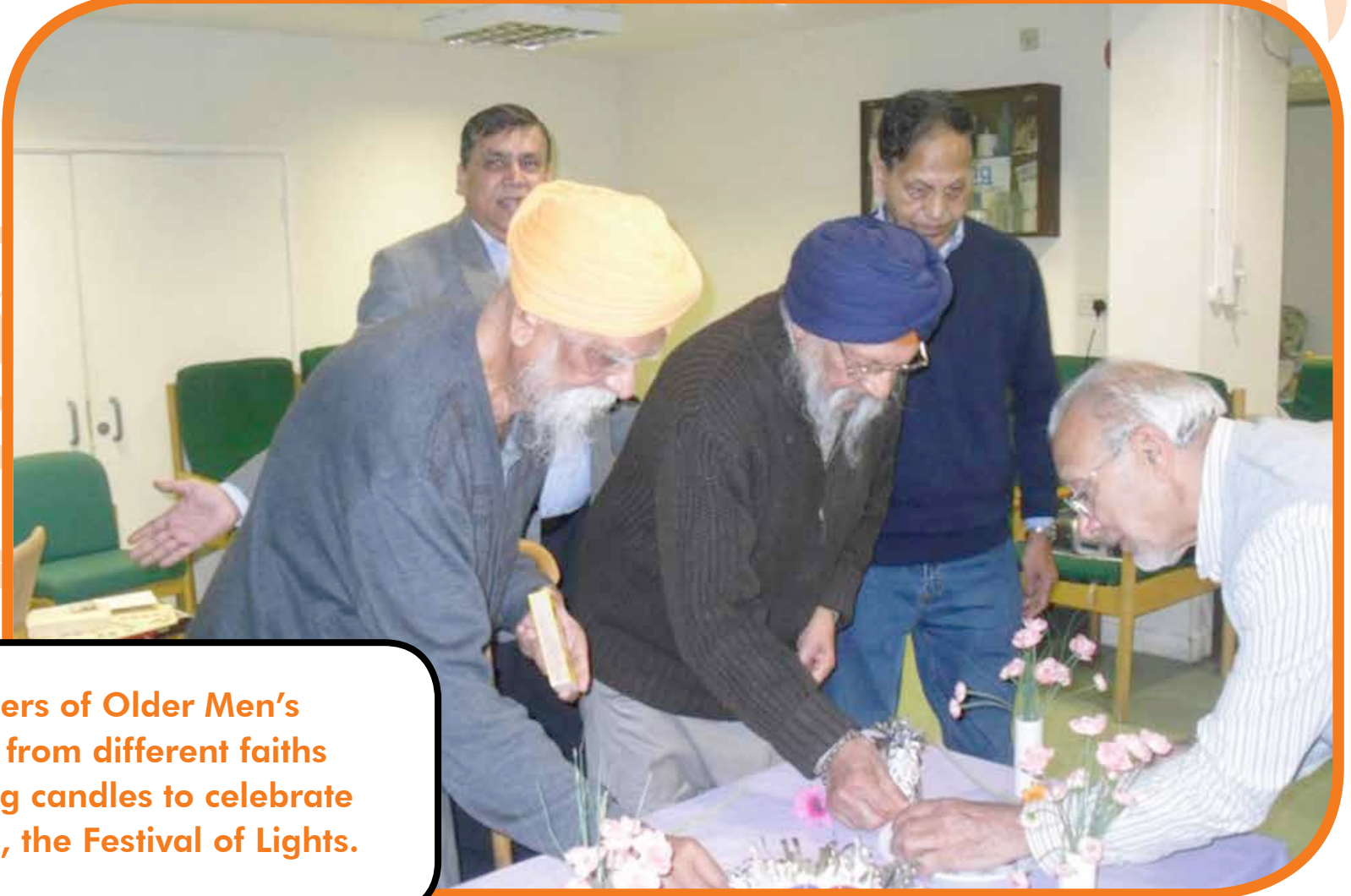


One for the album.
Dhek Bhal and Malcolm
X participants in the
Living Legacies Project
Exhibition at Bristol's M
Shed Museum.

MAY 2014

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2 Ridvan (Twelfth day)  Birthday of Guru Arjan Dev	3	4
5 May Day (Public Holiday)	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23 Declaration of the Bab  Birthday of Guru Amar Dasev	24	25
26 Spring Holiday (Public Holiday)	27	28	29  Ascension of Baha'u'llah	30	31	
						

CELEBRATING TOGETHER FRIENDSHIP IN FAITH



**Members of Older Men's
group from different faiths
lighting candles to celebrate
Diwali, the Festival of Lights.**

JUNE 2014

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16  Martyrdom of Guru Arjan Dev	17	18	19	20	21	22
23	24	25	26	27	28  Start of Ramadan	29
30						

BUDDING TOGETHER



Enjoying the fine weather on their day trip. Special thanks to Friends of the Elders for their funding.

JULY 2014

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5  Birthday of Guru Hargobind	6
7	8	9  Martyrdom of the Bab	10	11	12  Asala (Dharma Day)	13
14	15	16	17	18	19	20
21	22	23  Birthday of Guru Har Krishen	24  Lailat al Qadr	25	26	27
28  Eid-UL-Fitr	29	30	31			



CARERS RESPITE BREAKS



Carers of a disabled child and an elderly parent enjoying a respite trip to Torquay.

AUGUST 2014

MON	TUE	WED	THU	FRI	SAT	SUN
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25 Summer Bank Holiday (Public Holiday)	26	27	28	29	30	31



BRIDGING GENERATION GAP



**Grandma and granddaughter
enjoying some quality time
together in Torquay.**

SEPTEMBER 2014

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25 ॐ Navaratri (start)	26	27	28
29	30					



ANNUAL HOLIDAY OLDER PEOPLE



At the steps of Howard Castle,
Scarborough. Special thanks to John
James Foundation for their generosity.

OCTOBER 2014

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3  Eid-Ul-Adha	4  Dusseera	5
6	7	8	9  Birthday of Guru Ram Das	10	11	12
13	14	15  Al-Hijira	16	17	18	19
20  Birth of the Bab	21	22	23  Diwali	24  Muharram	25	26
27	28	29	30	31 Hallowe'en (All Hallows' Eve)		



CARE IN GROOMING

A very happy Mrs Nurbibi, service user, being groomed at home by care worker Kuldeep.



NOVEMBER 2014

MON	TUE	WED	THU	FRI	SAT	SUN
					1 † All Saints' Day	2
3 ☾ Ashura	4	5	6 ☿ Birthday of Guru Nanak	7	8	9
10	11	12 ✴ Birth of Baha'u'llah	13	14	15	16
17	18	19	20	21	22	23
24 ☿ Martyrdom of Guru Tegh Bahadur	25	26 ✴ Day of the Covenant	27	28 ✴ Ascension of Abdu'l-Baha	29	30



LASTING BONDS



Kalsoom Akhtar narrating her health problems to former day centre care worker, Rokiya Saleem, who dropped in to say hello.

DECEMBER 2014

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24 † Christmas Eve	25 † Christmas Day (Public Holiday)	26 † Boxing Day (Public Holiday)	27	28
29	30	31				



DHEK BHAL TRUSTEES 2012/13

Shabnam Baig: Chairperson

Shamim Sajid: Treasurer

Adeela Cheema: Secretary

Abdul Majid: Carers / Sitting / Dom Care Services Rep

Shabir Osman: Carers / Sitting / Dom Care Services Rep

Tariq Khan: Deputy Chairperson / Men's Project Rep

Mohammed Younas Ghauri: Men's Project Rep

Mumtaz Shah: Men's Project Rep

Nazmah Purmanan: Elderly Women's Project Rep

Salma Akhtar: Elderly Women's Project Rep

Sindumati George: Elderly Women's Project Rep

Naseem Begum: Independent Representative

Tabassam Aziz: Deputy Chairperson / Independent Representative

Zafar Iqbal: Independent Representative

Freda Ansari: Independent Representative

Aisha Sajid: Independent Representative



Regulated by:



Care Quality Commission



Bristol City Council



South Gloucestershire Council

DHEK BHAL EMPLOYEES 2012/13

Zehra Haq: Chief Executive

Ronald Skudra: Finance Manager

Naheed Kausar: Administration and Personnel Manager

Daisy Rajput: Women's Daycentre Manager

Parveen Akhtar: Domiciliary Care Services Manager

Rozina Mukhtar: Domiciliary Care Services Manager

Manazzar Siddique: Carers Support Worker

Mudassar Siddique: Finance Assistant

Rehana Kauser Lodhi: Administration Assistant

Seima Rafique: Administration Assistant

Mohammed Ikram-Ul Haq: Consultant

DOMICILIARY AND DAYCARE EMPLOYEES

Affana Zaheer

Amidabai Alimamode

Aqeedat Sheikh

Aznee Edward

Balbir Kaur

Devbrota Chowdhury

Fahmeeda Ahmed

Farhana Yasmin

Faruk Adamo

Faruque Golam Morshad

Farzana Kausar

Farzana Sahi

Gulnar Rafiqe-Sheikh

Happy Chowdhury

Harcharan Kasbia

Imrana Ahmed

Karen Yamumo

Khalda Bi

Kuldeep Kaur

Mahmooda Arshad

Muhammad Arif

Munir Din

Nasim Unar

Nasreen Malik

Nazmin Begum

Parveen Akbar

Parveen Akhtar

Rukhsana Kauser

Samina Faruk

Satnam Kaur

Shahab Uddin

Shahina Hamid

Shanaz Mohammed

Sophia Parveen

Sultana Kousar

Tasneem Akhtar-Haq

Tmadour Saliem

Varsha Jaishim

Vineeta Arya

Zahida Hanif

FINANCIAL SUMMARY

Statement of Financial Activities for period ended 31st March 2013

	Unrestricted Fund £	Restricted Fund £	Total Funds 2013 £	Total Funds 2012 £
Income Resources				
Total Grants	17,309	19,789	37,098	118,135
Spot Commissioning	339,456		339,456	209,170
Café Sales	2,260	-	2,260	1,857
Other Income/Fundraising	3,466	8,537	12,003	15,521
Bank Interest	969	-	969	872
Endowment Fund			-	-
Total Incoming Resources	363,460	28,326	391,786	345,555
Resources Expended				
Direct Charitable Expenditure	299,608	30,242	329,850	294,651
Fundraising & Publicity	7,823	139	7,962	9,227
Management & Administration of the Charity	2,880	-	2,880	8,031
Total Resources Expended	310,311	30,381	340,692	311,909
Net Incoming/(Outgoing)Resources	53,149	(2,055)	51,094	33,646
Fund Balances at 31 March 2012	102,701	228	102,929	69,283
Fund Balances at 31 March 2013	155,850	-1,827	154,023	102,929

BALANCE SHEET AT 31ST MARCH 2013

	2013 £		2012 £
Fixed Assets			
Tangible	810		1,451
Current Assets			
Debitors	40,324		24,014
Cash at Bank and in Hand	150,656		162,345
	190,980		186,359
Creditors: amount falling due within one year	(37,767)		(84,881)
Net Current Assets	153,213		101,478
Total assets less current liabilities	154,023		102,929
Creditors: amounts falling due after one year	-		-
	154,023		102,929
Funds			
Unrestricted Funds	155,850		102,701
Restricted Funds	1,827		228
	154,023		102,929

STATEMENT BY THE TRUSTEES

These accounts are a summary of information extracted from Dhek Bhal's financial statements, which were approved by the Trustees on ** ***** 2013. These summarised accounts may not contain sufficient information to allow for a full understanding of the financial affairs of the charity. For further information, the full accounts, the Auditors Report on these accounts and the Trustees Annual Report should be consulted. Copies of these can be obtained from Dhek Bhal on request.

THANK YOU!

Thank you to organisations who have provided funding or commissioned services for 2012/13.

We are also grateful to the many individuals who generously donated their time, money and effort.

If you would like to donate in any way or form to the work of Dhek Bhal please contact Zehra Haq - Chief Executive.



Bristol City Council



South Gloucestershire Council



Quartet Community Foundation



Friends of the Elderly



UWE (in kind support)



Bristol Charities



John James (Bristol) Foundation



Big Lottery - Awards for All



NHS

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AUDITORS

Roberts & Co.
Chartered Accountants

DESIGNED BY

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IN PEOPLE



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