

Older Men's Day Centre Programme
JANUARY 2026

Welcome 2026

ACTIVITIES

TUES
06/01/26

**Games, Conversation and Peer
Support**



TUES
13/01/26

HoPE Study – Polly Duncan



TUES
20/01/26

**Risk of Infection for Older Adults
– Dr Tingting Zhang and Dr
Christie Cabral**



TUES
27/01/26

**Games, Conversation and Peer
Support
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**Note: If you are unable to attend any of the sessions, please call the office for catering purposes -
Tel 0117 9146671 or 9146672**